



## Positive development of city of Zagreb's youth: state of the art (PRAG\_ZG)

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Both Croatian society as well as Croatian children and youth are going through serious changes: divorce rate is increasing, 20% of children live in poverty, unemployment rate is around 12%, rates of alcohol and drug consumption as well as behavioural addictions and depressive symptoms are rising. In the same time, there is a severe gap regarding the exact data on problems and strengths research is almost non-existent. During 2017, PrevLab team together with external associates started a new project to address all mentioned issues. "Positive development of city of Zagreb's youth: state of the art", large representative epidemiology study includes adolescents from Croatian capital high schools. Goal of the project is to examine risk behaviours and indicators of positive development of youth, in order to have a comprehensive epidemiological data that would serve as a foundation for preventative interventions planning.

Studied constructs cover individual and family resilience, symptoms of internalized disorders, risk behaviours, socio-emotional competencies, mindfulness and school attachment. Strengths and challenges are seen on individual level, community, family and school level. Study has included 24 high schools stratified according to the educational programs and number of pupils and has N=4821 high-school students from 1<sup>st</sup> to 4<sup>th</sup> grade, 48,2% of them being girls. Reports and data presentations are due summer and fall 2018.