



**Laboratorij za
umjetnost i znanost**
Laboratory for Arts and Science
ERF / Sveučilište u Zagrebu / University of Zagreb

2nd Symposium

HEALING POWER OF MUSIC

Exploring the Role of Music in Health, Rehabilitation, and Human Experience

Hall „MLJET”, 15 May 2026, 10:00 – 14:30



At the intersection of art and science, music is widely recognised as a universal and powerful medium used in various fields of healing, education, and rehabilitation. Through interdisciplinary scientific and professional perspectives, this symposium examines the role of music in enhancing health, psychophysical well-being, and quality of life, aiming to understand how, through the sound of music, we turn towards ourselves – more gently, more deeply, and more wholly.

SYMPOSIUM PROGRAM

Prof. Renata Martinec, PhD

Opening of the Symposium

Music – that Glorious Gift from the Universe, Nature, and Human Imagination

Assis. Prof. Ana Katušić, PhD

Vice-Dean for Science and International Cooperation

Welcome Speech

10:00 - 10:30

Musical Interlude I.

A. von Zemlinsky: Walzer – Gesänge: Blaues Sternlein, Nr. 5

G. Donizetti: Adina's Aria from the opera L'elisir d'amore

Sara Koljnrekaj, soprano

Marija Topić, piano

10:30 - 11:30

Babar Khan, MD, MS

Music Interventions to Reduce Delirium-Staying Ahead of the Curve

11:30 - 11:45

Break

11:45 - 12:45

Helena Dukić, PhD

Guided Imagery and Music therapy (GIM) in theory and practice

12:45 - 13:00

Musical Interlude II.

C. Saint-Saëns: The Swan (from Carnival of the Animals)

A. Piazzolla: Libertango

Petra Stanec, tamburitza

Lara Marušić, piano

13:00 - 14:00

Brigita Vilč, MA

Music in Oncology - What We Do When Words Are Not Enough

14:00 - 14:30

Discussion and Closing of the Symposium